

GOSPORT AND FAREHAM BRANCH OF THE MULTIPLE SCLEROSIS SOCIETY

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Dear

Arriving back at Heathrow on November 4th after a two week holiday in Burma I was pulled up with a start to see a couple of well lit Christmas Trees. In temperatures of over 90 degrees it was easy to forget just how rapidly Christmas was approaching!

So here I am getting organized with a Christmas newsletter and diary to cover the period until the end of the year.

Social Events:-

Christmas Social on Saturday 12th December to be held at HEDCA, Coombe Road, Elson Gosport PO12 4JB from 7pm to 11pm

A chance to get into the Christmas spirit with a short Christmas Quiz, tombola, fun table games and also a Festive buffet on each table. Bar available and also tea and coffee.

Tickets £10 each – contact Mave on 07789 511124

Christmas Lunch Party on Thursday 17th December 1pm for 1.30pm start at the White Hart Pub, Stoke Road Gosport PO12 2JE.

Enclosed a booking form for this event. Would you please complete and return with payment to Sian Barker our Social Secretary. This is an enjoyable pre Christmas get together and very good value. We are always made very welcome by the landlord.

Donation instead of Christmas Cards – Thank you to everyone who has generously supported this idea in the past. You can make a donation to the Branch rather than sending Christmas cards to everyone - Mave will make a sheet

available that you can put a greeting on and will display this at our events. Money we obtain from this is used by Juliette to buy gifts for housebound members

Contact Mave on 07789 511124, or email m.hiseman@hotmail.co.uk

New Year Dinner Party at the Palmerston on Saturday January 9th starting 6.30pm for 7pm. I will send out a menu and further details nearer to Christmas. This is a chance for you to make a date in your diary for this very popular event.

Revitalise and the Match Funding Scheme they have with the M.S. Society
Revitalise provide respite holidays for people with M.S. and their carers at three centres.

Whenever the M.S. Society provides funding for a break at one of these centres Revitalise matches the contribution from their own Joan Brandon Memorial Fund. If you would like more information phone Sharon on 020 7288 6862. Arrangements need to be made via the M.S. National Centre.

Information Leaflets

The M.S. Society had produced a range of new information leaflets including:-
Disease Modifying Therapies (DMTS) for M.S
M.S. and your Emotions

And what I think could be a very useful leaflet – “Talking about Treatments” – a check-list for people with relapsing M.S. to take to an appointment with their M.S. Specialist covering aspects of treatment.

I have copies which I can pass on to anyone interested.

Fund Raising

Our fund raising officer Karen has organized the following store collections, all at Tesco Stores.

Tesco Fareham on Saturday November 21st

Tesco North Harbour on Saturday 19th December.

Please contact Karen on 07779 996004 if you can help, even if its nly for an hour.

Incidentally we raised £477 in the collection at Tesco's Whitely – people really are very generous.

Bonus Ball

Pam Hale is doing an excellent job running 2 Bonus Ball games for the Gosport and Fareham Branch.

Lotto has changed and the numbers have increased to 1 to 59 which means that a further 20 numbers have become available between 50 and 59.

Some have been snapped up already but would you be interested in joining the Bonus Ball games?

You can check out our website for the numbers still available or give her a call on 01489 578257 or email her on finbarhale@btinternet.com.

The money is collected every 13 weeks and you can set up a standing order, send her a cheque or give her the money in person.

The winning number each week wins a cheque. This is a fun way of raising money for the Branch.

Christmas Break

The last Physio before Christmas is on Thursday 10th December – we restart on January 7th

Last Yoga is on Tuesday 15th December – restart on 12th January

Last Pub meet up is at Bun Penny on Thursday 3rd December (on 17th is the Christmas Lunch at White Hart in place of Golden Bowler) restart Thursday 14th January at the Bun Penny

There will be a craft session on Monday 11th Jan 2016 starting 11am at the Golden Bowler.

That's all for now. You can be sure of a warm welcome at any of our activities. Will make contact again before Christmas with the menu for the New Year Dinner Party.

Very best wishes

Juliette